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## Las vegas travel tips 2019

Tripsavvy uses cookies to provide a great user experience. By using Tripsavvy, you accept the use of cookies. Tripsavvy uses cookies to provide a great user experience. By using Tripsavvy, you accept the use of cookies. Las Vegas' shopping scene offers everything from vintage clothing to exotic cars. Las Vegas Shopping Guide All the usual selling points, malls and designer shops abound, but the city has a lot to offer that you won't see elsewhere —so it's worth spending some time shopping in Las Vegas to pick up things you can't find at home. [viator\_tour target=684] Players Book Club and General Store At the heart of the America game, how could visitors not check out the Players Book Club? The store stores almost everything that has ever been written about the game and shares a downtown location with the Gamblers General Store, where you can pick up everything from used decks of cards from various casinos to that vintage slot machine you need to complete your gaming room. Zia Record Exchange For a taste of area music, check out the dedicated section of the local band on the Zia Record Exchange, which has two locations in Vegas. The Magic Shop of Houdini or take home some of the magic of a different kind of performance. At Houdini's Magic Shop, which has locations in the city in various casino-malls, you can stock up on tips, tricks and magic supplies. M&M's World Get your sugar dose at M&M's World, where you can customize loved ones with your own name or personal message. Gold & Silver Pawn Shop If you're a fan of Pawn Stars from the History Channel, you'll want to check out the Gold & Silver Pawn Shop, which sells antiques and souvenirs. Grand Canal Shoppes Many large casino hotels in Las Vegas house shopping areas with brands and designer shops. The Grand Canal Shoppes in The Venetian provides more than 500,000 square meters of luxury shops, plus gondola rides, restaurants, bars and entertainment. Forum Shops at Caesars Palace Roman-themed forum stores at Caesars Palace are a fun place to browse hundreds of brands like Abercrombie & Fitch, Cartier, Armani, Gucci and many others. Grand Bazaar Shops The strip's only outdoor mall. Grand Bazaar Shops at Bally's offers a unique shopping experience in Las Vegas. In addition to dozens of retailers, there are also two evening music and light shows at 9 p.m. and midnight. More from SmarterTravel: — Original reports by Fran Golden and John Deiner We have chosen everything we recommend and select items through testing and evaluation. Some products are shipped free of charge to us without incentive to offer a favorable review. We offer our impartial opinions and do not accept compensation for reviewing products. All items are in stock and prices are accurate in the publication. If you buy something through our links, we can earn a commission. Visit Las Vegas if you are looking for a travel destination that is literally stunning. Las Vegas is home to big names in active, active entertainment Michelin-starred restaurants, memorable outdoor recreation and an impressive 150,000 hotel rooms. In this constantly evolving city, there really is something for everyone. Las Vegas is a year-round destination thanks to an endless succession of conventions and special events. Still, if you're planning to travel to Las Vegas, know that your summers are among the hottest in the world, so if you're sensitive to the heat, plan your winter trip —or stay inside, where there's plenty of air conditioning. When visiting Las Vegas, take the weather into consideration. This deserted city receives more than 300 days of sunshine a year, and the average high during the summer months is at least 100 degrees Fahrenheit. For the rest of the year, things get more temperate, with highs just below 60 degrees Fahrenheit in December and January. Last updated december 18th, 2020 weeknights are wild. There are hobby meetings, sporting events, meeting nights, night work calls, children's bath time, TV show premieres (of course), and there are also... Dinner? Trying to cram to make a recipe, dine (let alone enjoy the meal) and clean the kitchen in less than an hour always seemed like it would take some kind of divine intervention. Well, let me introduce you to the energy pressure cooker, also known as the watershed. The energy pressure cooker makes the impossible possible. You can create a healthy and balanced meal in less than an hour from start to finish. Even decadent dishes such as short roasted ribs or wholemeal meals such as salmon with potatoes and broccoli can be enjoyed from start to finish with the breeze on a weeknight. Is there anything easier than throwing your whole meal in a pot and letting the pan do the job? I can't think of anything. It's as if you've significantly improved the already kitchen clip, the crockpot. Here are some of my favorite pressure cooker recipes to get dinner on the table under pressure:1. Ramen Soup For those nights when all you need is a big hug, ramen is the perfect dish! Rich in anti-inflammatory ingredients like fresh ginger, garlic and spinach this 20 minute soup is good for you in every way. This fast ramen is balanced with lean chicken protein and soft boiled eggs, macaroni starches, and a salty broth that makes you crave more! To further increase this recipe nutritionally, try folding the carrot and spinach to power extra vitamin.- Check out the recipe here!2. 4-minute salmon, broccoli and potatoesWhat's better than a perfectly balanced meal in just 4 minutes? I can't think of anything! This wonderfully greasy fish mixes so well with the super food broccoli and starch of the potatoes that you won't believe it was made in such a short time! Salmon is a great source of Omega-3 fatty acids (also known as Fish oil) that helps our heart, skin, joints, GI tract and more!- Check out the recipe here!3. Hot pita of beef gineco gyros, toppings and even Tzatziki sauce, oh my! This recipe goes from fridge to dish in less hour with only 15 minutes of preparation time! When creating tzatziki sauce, be sure to pick up plain Greek yogurt. This yogurt is naturally higher in protein, adding another nutritional benefit to this great dish! You can also opt for a whole wheat pita to add some extra fiber too!- Check out the recipe here!4. Shrimp BoilThis recipe is perfect for summer beach nights, a classic recipe of shrimp wine that you don't need to spend all day preparing! This recipe is fun finger food to the fullest! It is delicious, satisfying and tastes the best when served at a picnic table. To take this recipe to the next level, adjust the proportions of vegetables to the protein. By increasing corn and decreasing the amount of Andouille sausage, you can decrease the total sodium and calories while increasing the fibers and vitamins!- Check out the recipe here!5. Mexican quinoaThe perfect meal with fiber, protein and lots of flavor! This is a vegetarian and meat-loving dream! Quinoa is the perfect replacement for white rice in this classic recipe while complimenting the grains for creating a dish full of protein. In addition, the addition of all these vegetables creates a meal that is full of flavor. Cover this Mexican quinoa with fresh avocado to round perfectly.- Check out the recipe here!6. Lo MeinEsta Lo Mein will step on any greasy, desire to take-out that you have without the usual guilt! It's not very often, you can replace a sinful bowl of food with something so delicious and easy to make at home! Make this Lo Mein in less than 15 minutes from start to finish. This is faster than necessary for the delivery man to show up at the door!- Check out the recipe here!7. Whole Rotisserie Chicken Everyone knows that the secret to batch cooking is to have a whole cooked chicken to use in various ways throughout the week! This recipe makes the rotisserie chicken more perfectly moist that can be used as it is, for tacos, for soup, and for sandwiches all week long! Tip: Keep the bones and remains to make an amazing chicken broth to have on hand! Cooking the stock for longer and at a lower temperature will create a delicious bone broth rich in vitamins, minerals and proteins.- Check out the recipe here!8. Chicken soup and lentil!SThis is the coolest soup around! Rich in protein, fiber and B vitamins, this soup will suit all your cravings! Also it couldn't be easier for a hasty meal during the week, all you have to do is cut and let your energy pressure cooker do the job! In just 30 minutes, you'll have a hot soup that the whole family can enjoy!- Check out the recipe here!9. Quinoa Burrito BowlsIs out there someone who doesn't like a good bowl of burrito? This vegetarian bowl is the perfect meal from a pot that is easily customizable! From vegans to meat lovers, you will enjoy this easy, fiber-rich bowl. Add the toppings you want to create a burrito bowl that's as good as a restaurant!- Check out the recipe here!10. Rice and BeansThe classic dish of rice and beans is a staple for Reasons. It is full of perfectly praised proteins, great texture and balanced seasonings. Now, you can create this balanced meal in less than an hour! No more pre-soaking those beans! This perfectly seasoned and balanced meal will make everyone fight for another bowl!- Check out the recipe here!11. Summer Quinoa Salad Your fresh fruits in season were made for this quick salad! Take this nutrient-dense salad to a party or serve it as a light summer dinner so everyone is ordering the recipe! Quinoa, fruits, vegetables and nuts create a perfectly balanced dish with all food groups. You can overcome this salad with cooked chicken breast or leave it as it is to meet everyone's needs!- Check out the recipe here!12. Minestrone SoupThis Minestrone Soup is fast and vegetarian complete making it perfect for any dinner during the week! It is rich in vitamin C, antioxidants and vitamin A making it the perfect dinner for the whole family! Tip: Use whole meal noodles to increase the fiber and B vitamins of this tasty dish!- Check out the recipe here!13. Garlic Chicken LemonDome your protein and accompaniment at the same time with tasty chicken that the whole family will love! In less than an hour, you can have a beautiful and balanced dish with vegetables and proteins. This tasty lemon garlic chicken will give you the protein and excitement to spice up any dish!- Check out the recipe here!14. FajitasQuick chicken, easy dishes and very few are used to create these fajitas that will rival even your favorite Mexican restaurant! Feel free to overcome them with whatever you want, but make sure you include fresh avocado for an increase in vitamins and minerals. Tip: If you like sour cream in your fajitas, opt for simple Greek yogurt that is higher in protein, lower in calories, and as well as tasty!- Check out the recipe here!15. Coconut Chicken CurryA large bowl of coconut chicken curry over rice is what dreams are made of! This bright and tasty dish is full of vegetables and lean protein without drying up! What can normally take a few hours, create this colorful dish in just 30 minutes with your energy pressure cooker!- Check out the recipe here!16. Cashew ChickenThis classic take-out can be on your plate in just 20 minutes, but you can pretend it took hours to create it when everyone asks for the recipe! You can fold the green chili to increase the vegetables without sacrificing any flavor. Serve this classic over brown rice for extra fiber and minerals.- Check out the recipe here!17. MeatloafMeatloaf has been a menu staple since sliced bread, but it never took only 20 minutes to make! This recipe includes the meatloaf and sides to create a dream of a pot. Perfect for serving after long weekdays, this dish is a comforting staple. And don't be fooled by the short baking, this meatloaf is the best of both worlds, it's juicy and quick to make!- Check out the recipe here! Despite its apparent roots in the concept of crockpot, the energy pressure cooker meals able to be much healthier. Without the need for greasy sauces to create flavor and prevent dryness, the energy pressure cooker uses the heat generated by water to cook the food. This leads to more taste without dryness and leaner meals. The energy pressure cooker is the answer for those striving for healthy and balanced meals with a crazy schedule during the week. He can really do anything. You won't be disappointed and will feel great after enjoying healthy and balanced meals while juggling easily with all the activities you like! Featured photo credit: Unsplash via unsplash.com unsplash.com